



FLINT HILLS CHRISTIAN SCHOOL

COVID-19 RETURN TO SCHOOL PLAN 2021-2022

GENERAL COVID-19 GUIDELINES

Flint Hills Christian School will begin the 2021-2022 school year resuming normal daily operating procedures with the understanding that the potential spread of a contagious disease(s) may result in the need to amend the normal daily operating procedures. Amendment would be at the school Board of Director's discretion and occur as the needs and circumstances may dictate.

INSTRUCTIONAL MINUTES

The first day of school is August 18th for all students and the last day of school is May 19th. Ten minutes will be added to each day for PK-12 grade in order to increase the number of instructional minutes over the year. The purpose of this is to prepare for any possible unforeseen closures. The newly updated time for the school day is 8:10 am - 3:30 pm.

ATTENDANCE POLICY

FHCS will follow the existing attendance policy detailed in the parent student handbook. If a student requires an extended quarantine from school, administration and teachers will work with the student to ensure academic success is achieved.

SCREENING STUDENT HEALTH

FHCS expects that parents will monitor their child(ren) for illness and keep sick children home. Utilize the communicable disease form located at the end of this document for signs and symptoms of contagious diseases and the need to keep children home.

SPECIAL EDUCATION

FHCS Special Education program is offered through USD 383 and students receiving services may have additional guidelines or expectations to follow while receiving their service.

KEEPING STUDENTS OR EMPLOYEES HOME

If a known or unknown contagious disease occurs, a student or employee must stay home if he or she has a temperature at or above 100.0 degrees Fahrenheit. Students and employees must be fever free without fever-reducing medication for 24 hours prior to returning to campus.

If a student is absent three consecutive days, a doctor's note and/or consultation with the school nurse will be required to return to school.

If a student becomes ill at school, the student must be picked up within an hour of parental notification.

COVID-19 TESTING

POSITIVE TESTS

If a student or employee tests positive (regardless if vaccinated or not) they are to remain in isolation for 10 days after onset of symptoms **OR** 72 hours after fever is gone without the use of fever reducing medication **AND** there has been a significant improvement in symptoms; *whichever of these is longer*.

Employees or students may return sooner if clearance by a physician or county health department is received.

Any employee or student that has tested positive within the last 6 months of an exposure will not need to quarantine if they remain asymptomatic. If symptoms begin, the employee or student will need to follow quarantine requirements.

NEGATIVE TESTS

Unvaccinated employees and students that have been exposed to a positive Covid-19 case must quarantine for a minimum of 6 days. On day 7, if the employee or student has been asymptomatic, the employee or student may obtain a PCR test. If the test is negative, the employee or student may resume normal activities on day 8. If the employee or student chose not to be tested, the employee or student must remain asymptomatic and quarantine the full 10 days. They may resume normal activities on day 11.

Antibody testing will not be accepted for admission back to school.

VACCINATED INDIVIDUALS

Any employee or student that is fully vaccinated (have received the second dose of a 2-dose series and two full weeks have passed or two full weeks have passed since the injection of a 1 dose vaccine) does not have to be quarantined if they are asymptomatic. If the fully vaccinated employee or student develops symptoms, they must follow the above information.

FAMILY TRAVEL

FHCS will follow KDHE guidelines on travel. If traveling to an area in which KDHE has mandated as a "Covid-19 hot spot," the parent(s) will need to contact their county health department and their student(s) may be required to quarantine for up to 14 days.

ATHLETICS

FHCS will follow KCAA guidelines in regards to athletic events. All practices will operate under normal operating procedures.

QUESTIONS

Questions pertaining to testing and quarantine may be directed to the Pottawattamie County Health department or to FHCS School Nurse, Megan D. Steele, at nurse@fhcsks.org

COMMUNICABLE DISEASES

Communicable Disease	Incubation Period	Period of Communicability	May return to school
BED BUGS <i>Slightly swollen and red area that may itch and be irritating caused by bite marks</i>	Variable	Until bugs are destroyed	Exclusion from school is not required. Treatment of home is highly recommended
CORONAVIRUS (COVID-19) <i>Fever, cough, difficulty breathing, fatigue, body aches, new loss of taste or smell, sore throat, congestion, vomiting, diarrhea</i>	2-14 Days	Variable	**See Return to School plan
DIARRHEA <i>Watery stools</i>	Variable	Variable	Exclusion from school until 24 hours after the last episode
FIFTH DISEASE <i>Fever and headache followed by a red rash to the face, trunk, arms, and/or legs</i>	4-21 Days	Greatest before onset of rash and while fever is present	Must be fever free for 24 hours without the use of fever reducing medication

<p>HAND, FOOT, & MOUTH <i>Fever, malaise, and sore throat. One or two days after fever starts, painful sores or blisters can develop in the mouth, hands, or feet.</i></p>	<p>3-6 Days</p>	<p>While fever is present</p>	<p>Must be fever free for 24 hours without the use of fever reducing medication</p>
<p>IMPETIGO <i>Pus filled sore that may have a honey colored crust</i></p>	<p>2-10 Days</p>	<p>Until lesions are healed</p>	<p>Exclusion until 24 hours after initial dose of prescribed medication and lesion is to remain covered until healed.</p>
<p>INFLUENZA <i>Fever, cough, nasal congestion, body aches, fatigue, headache</i></p>	<p>1-4 Days</p>	<p>One day before symptoms develop and up to seven days after onset of symptoms</p>	<p>Must be fever free for 24 hours without the use of fever reducing medication or 5 days, whichever is longer</p>
<p>LICE <i>Tiny insects that can cause scalp itching and irritation. Lice eggs (nits) appear on hair shafts</i></p>	<p>Variable</p>	<p>Until lice and nits are removed</p>	<p>Live lice: Exclusion from school until treatment is received</p>
<p>MONONUCLEOUS or EPSTEIN BARR VIRUS (MONO) <i>Fever, extreme fatigue, sore throat, headache, body aches, swollen lymph nodes in the neck and armpits, swollen liver or spleen, and rash.</i></p>	<p>30-50 Days</p>	<p>Prolonged – may persist for a year or more</p>	<p>No exclusion required. Recommended to avoid strenuous activity and contact sports for three to four weeks after the onset of symptoms.</p>

<p>MRSA (Methicillin Resistant Staphylococcus aureus) <i>Skin infections that resembles pimples or boils, which can be red, swollen, painful, or have pus or other drainage</i></p>	<p>Variable, but commonly 4 to 10 days</p>	<p>Active non-treated drainage is infectious</p>	<p>Exclusion from school until medical treatment is received and lesion is to remain covered until healed.</p>
<p>PINK EYE or CONJUNCTIVITIS - Bacterial: pink or reddened sclera, discharge, crusting, itching, painful - Allergic or viral: watery discharge, itching</p>	<p>1-3 Days</p>	<p>During course of active infection</p>	<p>Bacterial: Exclusion until written permission is obtained from a physician to return to school Allergic or Viral: may stay in school</p>
<p>RINGWORM <i>flat, spreading ring-shaped lesion(s) on the body</i></p>	<p>4-14 Days</p>	<p>As long as lesions are present</p>	<p>Exclusion until medical treatment is received and lesion is to remain covered until healed.</p>
<p>SCABIES <i>Intense itching and a pimple-like rash, which can include tiny blisters and scales caused by tiny mites that burrow under the skin</i></p>	<p>2-4 Weeks first time. 1-4 Days subsequent times</p>	<p>Until mites and eggs are destroyed</p>	<p>Exclusion until 24 hours following initiation of appropriate antiparasitic therapy.</p>
<p>STAPHYLOCOCCUS AUREUS (STAPH) <i>Skin infections that resembles pimples or boils, which can be red, swollen, painful, or have pus or other drainage</i></p>	<p>Variable, but commonly 4 to 10 days</p>	<p>Active non-treated drainage is infectious</p>	<p>Exclusion from school until medical treatment is received and lesion is to remain covered until healed.</p>

<p>STREP THROAT <i>Throat pain, red and swollen tonsils, sometimes with white patches or streaks of pus, swollen, tender lymph nodes in neck, fever</i></p>	<p>1-3 Days</p>	<p>As long as bacteria are present in respiratory secretions. Noninfectious after 24 hours of treatment</p>	<p>Exclusion from school until 24 hours after medical treatment and 24 hours fever free without the use of fever reducing medication.</p>
<p>VOMITING <i>Involuntary expulsion of gastric contents through mouth</i></p>	<p>Variable</p>	<p>Variable</p>	<p>Exclusion from school until 24 hours after the last episode</p>